

Eric Edmeades

TRANSFORMATION ARCHITECT

EXPERIENCE UPGRADE.

Eric Edmeades is one of the most engaging, entertaining, and inspiring speakers in the world. His talks and training programs are both unforgettable and transformational.



65+

COUNTRIES

1M+

LIVES TRANSFORMED

50K+

SUBSCRIBERS

7

KILIMANJARO EXPEDITIONS

ABOUT ERIC

Eric Edmeades is a keynote speaker and transformation architect working at the intersection of evolutionary biology, behavioral science, and real-world entrepreneurship. He has spoken in more than 65 countries to audiences ranging from executive leadership teams to global conferences of 10,000+.

His work lives in the gap between knowing what to do and actually doing it — and he is consistently among the highest-rated speakers at every event he attends.

Founder of WildFit — twice the highest-rated program on Mindvalley, completed by hundreds of thousands of people across 100+ countries. Awarded the Canadian Senate 150 Medal for his commitment to improving the quality of people's lives. Honorary member of the Hadza people of Tanzania, known to the tribe as KuKuRu.

"Eric is unforgettable—high impact, high clarity, and genuinely transformational."

Simon Leslie
CEO, Ink Global

TRUSTED BY

Emirates · Disney · Lucasfilm · Virgin
Financial Times · US Army · Mindvalley
Tony Robbins · United Airlines · Ink Global
Necker Island · Hay House · JD Sports

KEYNOTE TOPICS

- 01 Business & Leadership
- 02 Communication & Conflict Resolution
- 03 Modern Leadership
- 04 Sales & Marketing
- 05 AI & The Human Advantage
- 06 Evolutionary Mismatch
- 07 Behavior Change / Stop It
- 08 Habit Cessation
- 09 Health & Wellness Optimization
- 10 Custom Presentations & Programs

INVESTMENT & LOGISTICS

- Fee from \$85,000 · first-time booking rates available
- Business class travel for two · hotel suite
- Airport transfers included
- Books 6–12 months ahead · short notice possible
- Europe · N. America · Middle East · South Africa
- Reduced costs: S. Africa · Dubai · Estonia
- Virtual & hybrid keynotes available

BOOKS

- › The Evolution Gap
- › STOP IT
- › Postdiabetic
- › The WildFit Way